

## Meditation With the Archangel Gabriel

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For the grade of Practicus

For this ritual the practicus will need a black robe, black and white striped nemyss, and the Outer Wand of Double Power. Upon the altar should be a blue candel, a cup of wine, and a talismanic emblem with the Name of Gabriel painted orange on a blue background in Hebrew. The temple is to be arranged in accordance with the Practicus Hall (as in the Second part of the initiation ceremony)

**Relax and Perform The Fourfold Breath**

**Go to the Northeast and say, "HEKAS, HEKAS, ESTE BEBELOI!"**

**With the black end of the wand, perform the LBRP.**

**(Facing East, Say the following invocation:)** "So therefore first the Priest who governs the works of Fire must sprinkle with the Lustral Waters of the loud resounding sea".

**Remain in the East.**

With the White end of the wand, trace the Lesser invoking Pentagram.



Thrust the wand through the center of the figure and vibrate, "EHEIEH!" Do this also in the South, West, and finally in the North; drawing the same pentagram and intoning the same word in all four quarters. Return to the East.

(Remain in the East and say:) "In the Divine Name ELOHIM TZABAOTH, I open this temple in the Element of Water. May the Archangel GABRIEL look with favor upon this ceremony! May the Angel TALIAHAD and the ruler THARSIS be also in attendance! I have gained admission to this temple through the Badge of the Cup of Stolistes. Hear me! I am one who has received the Mystic Title of Monocris de Astris and the symbol of MAIM. As a Unicorn of the Stars I invoke the powers of Water to bear witness to my spiritual endeavor. Grant me the knowledge of the Element of Water and the Creative Realm, so that I may obtain Greater Understanding of Hidden Things and thereby advance in the Great Work."

Circumambulate the temple three times, saluting with the Neophyte Signs when passing the East. Go to the West and face East. Give the Adoration to the Lord of the Universe:

Holy art Thou, Lord of the Universe'. (Projection Sign)

Holy art Thou, Whom Nature hath not formed! (PS)

Holy art Thou, the Vast and the Mighty One! (PS)

Lord of the Light, and of the Darkness! (Sign of Silence)

Stand in one place, pivot clockwise and bow to each of the other Archangels, Fire, Earth, then Air.

**Go to the West and give the Practicus Sign.** (See the Archangel GABRIEL respond by making the sign in return.)

**Begin Meditation With the Archangel GABRIEL:**

"Facing West Standing or sitting with your eyes closed, visualize the Archangel stepping out of the sea like the goddess Venus. As clearly as possible visualize all the details of GABRIEL. The colors she may be

possible visualize all the details of GABRIEL. The colors she may be wearing, the clothes, the background, etc., but most importantly try to feel Her presence. Keep in mind that the usual colors of this great Archangel are flowing blue and orange robes, with a cup in Her hand. Once you have your visualization established, let go of your reasoning. Merely be receptive; feel and allow your heart with your astral eyes to be your only senses. Listen with your feelings to any words, inspirations or emotions that he may be communicating to you. You may stay in this state for as long as you wish. You may end the meditation here, simply thanking Her for coming into your presence."

#### **Give the Practicus Sign**

**Go to the West of the altar.** With the white end of the wand, trace the Lesser invoking Pentagram over the cup of wine. Place the wand aside.

Drink the wine. As you partake of the Element, meditate on the talismanic emblem for an extended period of time.

Take as much time as you need.

#### **Perform the Reverse Circumambulation.**

**(Go to the East and say:)** "I now release any Spirits that may have been imprisoned by this ceremony. Depart in peace to your abodes and habitations. Go with the blessings of ELOHIM TZABOTH!

#### **Perform the LBRP with the black end of the wand.**

**Say:** I now declare this temple duly closed.

**So mote it be.**