

## High Potency Homemade Salvia Divinorum Tincture



The above image is of a half ounce bottle of fairly clear commercial quality tincture which often has had an additive such as minty tasting menthol to help increase its absorption and is usually made with 98% drinking alcohol which is about 3 percent higher alcohol content than 190 Proof Everclear® (not legal in all cities, counties and or states as "drinking alcohol"),

To make homemade tincture all you have to do is get a bottle of 151 or higher Proof drinking alcohol of your choice and hand crush the Salvia divinorum leaf to as fine a consistency you can get it and pour it right into the bottle of ethanol, shaking it in the bottle of drinking alcohol for a few minutes so that the salvinorin which coats the outside of the leaf is dissolved into the alcohol. Because the majority of the salvinorin only coats the leaf and is not inside the cellular structures this works very well with minimal effort and by crushing the leaf into extremely small pieces reduces the volume the leaf takes up on the bottle. If you want to make a full 750 ml bottle of tincture this way the required amount of leaf will take up too much volume in that size of a bottle so you will need to first finely powder the leaf in one of those small high RPM coffee grinders you can buy at Walmart for 20 dollars or less.

This simple method will make some mighty effective tincture for very cheap prices and you just leave the leaf bits in the bottle, shaking it for a couple of minutes a day for a few days, just to be sure all of the salvinorin on the leaf has dissolved into the alcohol.

How much leaf for ml of drinking alcohol?

1/2 gram of dried leaf per ml of alcohol is about right.

To make 750 ml of tincture with only the natural taste of Salvia divinorum a 750 ml of 151 Proof Everclear(R) will work just great because Everclear has no added sugar or flavor of any kind but any 151 proof drinking alcohol will also work. An 18 dollar bottle of 151 Proof Everclear® and 350 grams of dried leaf costing no more than 25 dollars from some vendors when purchased in kilo quantity will make you many ounces of tincture which would otherwise cost you many hundreds to even thousands of dollars depending upon who you buy it from and it will not stain your teeth a dark green

requiring you to go to the dentist to get it off as one vender has been trying to get people to believe to steer them away from making what he calls “crude tincture” which in fact is more effective than the store bought fancy clear liquid *Salvia divinorum* tinctures you can pay 75 dollars or more an ounce for. If you use just pure grain alcohol such as Everclear® you will not have a very good tasting tincture which might in fact be too strong tasting for some, but it will be very effective. If you want to cover up some of the natural but bitter taste of *Salvia divinorum* try adding a few drops of minty menthol, or perhaps mix in some other flavored liquor to the bottle.

If you make your own tincture it is a good idea to leave the leaf in the tincture the whole time, just pour it in the bottle and leave it there, you can't go wrong that way, it will work and be as potent as possible. Even when using 151 Proof ethanol which is close to 25% water, shaking it for just 10 minutes ought to be enough to make some moderate potency tincture (which will increase to high potency in a couple of days or more) but if you use 190 or higher Proof ethanol shaking the bottle for 10 minutes will make some extremely strong tincture right away but leave the leaf in the bottle anyway.

BouncingBearBotanicals sells *Salvia* leaf cheap, especially if you order a whole Kilo at a time at only 102 dollars for this group, if he is still offering it to us that cheap. A kilo of *Salvia divinorum* leaf is enough to make 2500 ml of tincture or 88 ounces of the stuff.

Homemade tincture made this way will be far darker than high quality commercial tinctures but will work just as good or even better because the dark chlorophyll and lipids help sublingual absorption, at least, I and a few others who have made tincture from high purity salvinorin without these strong tasting materials from the leaf found it to be less potent than home made tincture which had them in it, even if it was a bit stronger tasting.

**IMPORTANT:** 151 Proof is as low a Proof I recommend for making tincture, otherwise the salvinorin is not well absorbed into the fluid.

Since 350 grams of fine crushed leaf will take up too much volume to have both the leaf and the alcohol together in a 750 ml bottle of drinking alcohol you must finely powder the leaf before pouring it into the bottle using one of those small inexpensive high RPM coffee grinders with a stainless steel blade that spins around in the top of the unit where the leaf would be loaded into, grinding just a few grams at a time. After the leaf is ready you might want to pour the drinking alcohol out of the bottle and into a pouring pit you must finely powder the leaf. What I do is open a new bottle of 151 or higher Proof alcohol, pour all of the alcohol into a pouring pitcher and then use a funnel to get all of the powdered leaf in the bottle, then adding the alcohol back to it.

This recipe is based upon average potency *Salvia divinorum* leaf which contains 2.5 mg of salvinorin-A per gram of dried leaf.