

Sigils

There are two basic forms of Sigils the first is Pictographic, this type of sigil uses elements that represent the statement of intent, yet do not resemble anything. A Mantra Sigil is a word or sentence made of nonsense sounds that were created from the Statement of Intent. For both kinds of Sigils the purpose is to have something that will symbolize the Statement of Intent and will be recognized by the subconscious mind but not by the conscious mind.

Creating a Mantra Sigil:

1. Write down our Statement of Intent.
2. Remove letters that are repeated.
3. Combine these letters into some nonsense words
4. Rearrange the letters inside the words

1.

2.

3.

4.

You now have a mantra that is based upon your "Statement of Intent" that will not give away the true meaning of the words.

Creating a Pictograph Sigil:

1. Draw a picture that represents your Statement of Intent.
2. Simplify the drawing.
3. Simplify again.

1

2

3

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You now have a picture that is based upon your Statement of Intent but is abstract enough that the concept will not arise in the conscious mind while looking at the symbol.

Empowering a Sigil

1. Imagine through breath, energy, whatever or everything that the symbol is

being imbued with power and is being sent of to the universe to do what you need

it to do. Possibilities for empowering a sigil are endless, but here are a few of the more common ones:

A. Masturbation/sex

B. Laughter

C. Hate

D. Meditation

E. Pain

F. Ritual

When empowering the sigil simply focus your energies into it while performing your preferred method of empowerment.

Forget it.

This is the hardest part. But after the exercise you will need to leave this up to the "deep mind" or the universe or whomever you want to say. But you cannot dwell on it. If even the merest thought of it enters your mind QUICKLY think of something else.